

# **COUNTRY ROADS CYCLISTS**

## **SEPTEMBER-OCTOBER 2016 RIDE SCHEDULE**

Ride Captain: Ms. Amanda Bise Contact the listed Ride Leader for details on each ride.

Please carpool to the star whenever possible. **Wear your helmet!**

**Difficulty Ratings:** (\*) easy (\*\*) moderate (\*\*\*) difficult (\*\*\*\*) extreme

**Saturday, September 3 at 9:00am Rowlesburg Road Ride Bill Foster 304-677-8195**  
(\*\*\*) Road. 56 miles. Meet at the Rowlesburg City Park. From Morgantown, take Rt.7 to Kingwood, then Rt.72 south to Rowlesburg. From Clarksburg, take Rt.50 east to Rt.72, then north to Rowlesburg. Guests are welcome. Helmets required. Free event but riders must register at the city park. Map is available. A challenging route through Preston County. There will limited SAG for this ride, plus a snack stop. (Note: WVU Game at 12:00 NOON)

**Sunday, September 4 at 11:00am Prickett's Fort Out and Back Amanda Bise 304-476-3354**  
(\*) Trail. 22 miles. Meet at the Prickett's Fort trailhead. We will bike north on the Mon River Trail to the Little Falls trailhead, and then return to the start.

**Saturday, September 10 at 10:00am Clarksburg North View Bill Foster 304-677-8195**  
(\*) Trail. 14 miles. Meet at the Clarksburg North View trail head. We will bike north to the fenced closure at Spelter and then return.

**Sunday, September 11 at 9:00am Mon River Trail Metric Century Lisa Rieser 304-685-0860**  
(\*\*) Trail. 64 miles. Meet at the parking lot behind Wendy's Sabraton (Rt. 7). We will bike on Decker's Creek Trail to the Mon River Trail, then head south to Prickett's Fort. After a rest, we will return north to the state line. From there, we will then head south on the trail, stopping at Mountain State Brew Company for refreshments. Afterwards, back to the start. Cyclists can join us anywhere along the route.

**Saturday, September 17 at 10:00am West Fork River Rail-Trail Bill Foster 304-677-8195**  
(\*/\*\*) Trail. 14 or 29 miles. Starting from the Shinnston trailhead on US-19 north, we will bike to Worthington Park and then return to the start, totaling 14 miles. Or continue to the end of the trail, and return for 29 miles.

**Sunday, September 18 at 9:00am Prosperity Century Jack Barker 304-282-6275**  
(\*\*\*\*/\*\*) Road. 100 miles / 60 miles. Meet at the Morgantown Courthouse Square on High Street. We will ride to Mount Morris, then to Kirby and Waynesburg, then onto Prosperity and back (100 miles). For 60 miles, ride with us to Waynesburg, then return to Morgantown. Guests are welcome. Free event, but signed waiver and helmet are required. (There will be no SAG vehicle available.)

**Saturday, September 24 at 10:00am Lost Creek Trail Out and Back Bill Foster 304-677-8195**  
(\*) Trail. 12 miles. Start in Lost Creek, from the trail head on south end of town. We will bike north through Mt. Claire and then return to the start.

**Saturday, September 24 at 10:00am Connellsville to Ohiopyle Day Trip OR Rockwood Overnight Jennifer Previll 304-282-0218**  
(\*\*/\*\*). Trail. 36/45 miles. Meet at the Martin's Grocery Store in Connellsville, PA, at the GAP trailhead. From Morgantown, take Rt. 43, the Mon-Fayette Expressway (this is a toll road) to Uniontown. Continue on US -119 to Connellsville. About 1000 feet past the Sheetz, turn left into the Martin's parking lot, the trailhead parking is behind Martin's. The day trip will be an out and back to Ohiopyle, with lunch in Ohiopyle. The overnight tour will continue through Confluence and onto Rockwood for the night. Sunday we will return on the trail biking from Rockwood to Connellsville. All cyclists riding with us must be CRC club members and, as always, helmets will be required.

**Sunday, September 25 at 10:00am Connellsville to Ohiopyle Day Trip Jennifer Previll 304-282-0218**  
(\*\*) Trail. 36 miles. Meet at the Martin's Grocery Store in Connellsville, PA, at the GAP trailhead. From Morgantown, take Rt. 43, the Mon-Fayette Expressway (this is a toll road) to Uniontown. Continue on US -119 to Connellsville. About 1000 feet past the Sheetz, turn left into the Martin's parking lot, the trailhead parking is behind Martin's. The day trip will be an out and back to Ohiopyle, with lunch in Ohiopyle. Call Jennifer to find out where the overnight group is on their return journey.

# COUNTRY ROADS CYCLISTS

## OCTOBER 2016 RIDE SCHEDULE

**Saturday, October 1 at 11:00am Prickett's Fort Out and Back Amanda Bise 304-476-3354**  
(\*). Trail. 22 miles. Meet at the Prickett's Fort trailhead. We will bike north on the Mon River Trail to the Little Falls trailhead, and then return to the start.

**Sunday, October 2 at 2:00pm North Bend Trail to Salem and Back Bill Foster 304-677-8195**  
(\*). Trail. 14 miles. Meet at the trail head at Wolf Summit. We will bike from the trail head on old US-50 west through the tunnel and through Salem to the county line and then return.

**Saturday, October 8 at 10:00am Lost Creek Trail Out and Back Amanda Bise 304-476-3354**  
(\*). Trail. 12 miles. Start in Lost Creek, from the trail head on south end of town. We will bike north through Mt. Claire and then return to the start.

**Sunday, October 9 at 11:00am Morgantown-Shannon Run Out and Back Jennifer Preville 304-282-0218**  
(\*\*\*) Road. 40 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7). We will bike on the Decker's Creek Trail to the Westover Bridge, then through Granville onto Mount Morris and up Shannon Run. We will then turn around, returning down Shannon Run, then we will stop at the Rising Creek Bakery, before returning to Morgantown.

**Saturday, October 15 at 10:00am Over Mount Davis Larry Osborn 304-777-7393**  
(\*\*\*\*) Road. 55 miles. Meet at the Confluence Community Center on the town square, at the corner of Hugart and Logan. (Pre-ride breakfast at Sister's at 9:00 AM. Disclaimer: Service at Sister's is notoriously slow.) We will ride out to Mt. Davis (the highest point in PA at 3213 feet) then on to Meyersdale for lunch. After lunch, we climb Mt. Davis again, returning to Confluence. **NOTE: Ride will be cancelled if there is any rain, snow, or cold.** And, an easier alternative option is to take the GAP trail from Confluence to Meyersdale, one way or both ways.

**Sunday, October 16 at 2:00pm Explore the New Clarksburg Trail Bill Foster 304-677-8195**  
(\*). Trail. 3 miles. Meet at the Clarksburg VA Park swimming pool parking lot off US-19. We will bike south on the new section through the tunnel, and then return to the start. Plus we will explore both ends where the trail is to be improved.

**Saturday, October 22 at 1:00pm Stewartstown Hobart Stretch Loop Kelly Williams 304-292-9821**  
(\*\*\*) Road. 45 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7). We will bike north on the Mon River Trail to the VanVoorhis exit. From there, we will climb Baker's Ridge and then Stewartstown Road. At Point Marion, we will cross the river, bike along Rt. 88, then climb Hobart Stretch Road to Fort Martin Road and return to Morgantown.

**Sunday, October 23 at 2:00pm Clarksburg North View Bill Foster 304-677-8195**  
(\*). Trail. 14 miles. Meet at the Clarksburg North View trail head. We will bike north to the fenced closure at Spelter and then return.

**Sunday, October 23 at 1:00pm Positive Spin Fall Spectacular Ride and Potluck Jonathan Rosenbaum 304-599-2370**  
(\*). Trail. 22 miles. Meet at Marilla Park at the Positive Spin Building. We will bike up Decker's Creek Trail to the Masontown trailhead, then return back down the trail, to reassemble at Positive Spin for a potluck picnic. Bring food for yourself and also some to share. A grill be will available.

**Saturday, October 29 at 1:00pm Stewartstown Dilliner Hill Loop Kelly Williams 304-292-9821**  
(\*\*\*) Road. 40 miles. Meet at the parking lot behind Wendy's in Sabraton (Rt. 7). We will bike north on the Mon River Trail to the VanVoorhis exit. From there, we will climb Baker's Ridge and then Stewartstown Road. At Point Marion, we will cross the river, bike along Rt. 88, then climb Dilliner Hill Road to Fort Martin Road and return to Morgantown.

**Sunday, October 30 at 1:00pm Top of Deckers Trail Ride Kelly Williams 304-292-9821**  
(\*). Trail. 14 miles. Meet at the trail head in Reedsville on Rt. 92. Take Kingwood Pike from Morgantown to the intersection with Rt. 92 in Reedsville, and turn right. The trail head will be on your right 1 mile from the intersection, next to the Decker's Creek Trail and in front of Superior Fibers factory. We will bike on the top part of Decker's Creek Trail, going first to Cascade Falls, then back to the end of the trail.

**Saturday, November 5: CRC Annual Meeting at Bob Evans in Fairmont, WV  
Dinner at 6:00pm and Meeting at 7:00pm**